# STUART-NECHAKO REGIONAL HOSPITAL DISTRICT

# **AGENDA**

# **THURSDAY, JANUARY 29, 2015**

CALL	TO	ORDE	R

**ELECTION OF CHAIRPERSON** 

**ELECTION OF ACTING CHAIRPERSON** 

SUPPLEMENTARY AGENDA Receive **AGENDA** – January 29, 2015 Approve PAGE NO. MINUTES ACTION 2-4 Stuart-Nechako Regional Hospital District Adopt Meeting Minutes – December 11, 2014 CORRESPONDENCE 5-8 Northern Health - Northern Health Notifying Receive **Patients About Endoscope Processing** 9-10 Northern Health – Vanderhoof Benefits from Receive Northern B.C. Physical Therapy Program 11-14 Northern Health – Northern Health Awards 36 Receive **IMAGINE: Legacy Grants to Northwest BC Partners** 15-19 Northern Health - Northern Health Awards 42 Receive **IMAGINE: Legacy Grants to Northern Interior** 

**VERBAL REPORTS** 

**BC Partners** 

RECEIPT OF VERBAL REPORTS

**NEW BUSINESS** 

**ADJOURNMENT** 

#### STUART-NECHAKO REGIONAL HOSPITAL DISTRICT

#### **MEETING MINUTES**

#### THURSDAY, DECEMBER 11, 2014

PRESENT:

Chairperson

Ralph Roy

**Directors** 

Eileen Benedict Tom Greenaway Dwayne Lindstrom Thomas Liversidge Rob MacDougall Bill Miller

Jerry Petersen Ralph Roy Luke Strimbold Gerry Thiessen

Staff

Gail Chapman, Chief Administrative Officer

Cheryl Anderson, Manager of Administrative Services

Hans Berndorff, Treasurer

Wendy Wainwright, Executive Assistant

Others

Shane Brienen, Houston - left at 1:26 p.m.

Mark Fisher, Electoral Area "A" (Smithers rural) – left at 1:26 p.m. Rob Newell, Electoral Area "G" (Houston Rural) – left at 1:27 p.m.

Mark Parker, Fraser Lake

**CALL TO ORDER** 

Chairperson Roy called the meeting to order at 1:23 p.m.

**AGENDA** 

Moved by Director Thiessen

Seconded by Director MacDougall

SNRHD.2014-8-1

"That the Stuart-Nechako Regional Hospital District Agenda of

December 11, 2014 be approved."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

### **MINUTES**

Stuart-Nechako Regional Hospital District Meeting

-November 20, 2014

Moved by Director Petersen

Seconded by Director Greenaway

SNRHD.2014-8-2

"That the minutes of the Stuart-Nechako Regional Hospital District

meeting of November 20, 2014 be adopted."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

Stuart-Nechako Regional Hospital District Meeting Minutes December 11, 2014 Page 2

#### REPORTS

Draft 2015 Provisional

**Budget** 

Moved by Director Greenaway Seconded by Director Strimbold

SNRHD.2014-8-3

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's December 4, 2014 memo titled "Draft 2015" Provisional Budget" and approve the attached 2015 Provisional Budget."

(All/Directors/Majority)

**CARRIED UNANIMOUSLY** 

Discussion took place in regard to the sprinkler system for the Stuart Lake Hospital. Director MacDougall and Hans Berndorff, Treasurer will investigate the issue and provide information to the SNRHD Board of

Directors.

Financial Projections

Moved by Director Lindstrom Seconded by Director Strimbold

SNRHD.2014-8-4

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's December 4, 2014 memo titled "Five Year

Financial Projections."

(All/Directors/Majority)

**CARRIED UNANIMOUSLY** 

Northern Health Capital Spending Reports, September 30, 2014

Moved by Director MacDougall Seconded by Director Greenaway

SNRHD.2014-8-5

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's December 4, 2014 memo titled "Northern Health

Capital Spending Reports - September 30, 2014."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

Lakes District Hospital Replacement Liaison, Committee Meeting & Correspondence

Moved by Director Petersen Seconded by Director Thiessen

SNRHD.2014-8-6

"That the Stuart-Nechako Regional Hospital District Board of Directors receive the Treasurer's December 4, 2014 memo titled "Lakes District Hospital Replacement Liaison Committee Meeting and the correspondence titled "UBCM Meeting September 23 and 24, 2014."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

#### **VERBAL REPORTS**

Fort St. James Medical

Clinic

Director MacDougall spoke of the need for Fort St. James to find a location for a medical clinic. The District of Fort St. James is working with Northern Health to find a suitable location but concerns were brought forward that unless a medical clinic location is found soon Fort St. James may not be able to retain the physicians practicing.

New Hospital for Fort St. James Director MacDougall noted that Northern Health has been approached in regard to moving forward in building a new hospital in Fort St. James to replace the Stuart Lake Hospital but there has yet to be a reply from Northern Health.



Stuart-Nechako Regional Hospital District Meeting Minutes December 11, 2014 Page 3

#### **VERBAL REPORTS (CONT'D)**

# **Health Executives**

Meeting with Northern Ontario Director Strimbold mentioned that he had recently met with health executives from northern Ontario to discuss integrated health care.

> Director Thiessen also met with the health care executives from Ontario in Vanderhoof and discussed the primary health care model being instituted in Fraser Lake, Vanderhoof and Fort St. James. The Ontario Health Care executives discussed that in a primary care model the patient is the most important and forms are universal and one standardized form is sent to all professionals involved in the care of a patient. They discussed the time savings and benefits to the patient.

# New Lakes District Hospital

and Health Centre

Director Strimbold reported that Northern Health has received the keys for the new Lakes District Hospital and Health Centre from the building contractor. The move to the new facility is expected to take place February 2-5, 2015.

#### Health Inspector in Vanderhoof

Director Thiessen noted that a Health Inspector for Northern Health located in Vanderhoof is no longer in the position and he indicated that Northern Health is not intending to fill the position. Concerns were discussed in regard to the issue.

New Heating System Installed at the Fraser Lake Diagnostic Centre Chair Roy mentioned that the new heating system has been installed at the Fraser Lake Diagnostic Centre.

Receipt of Verbal Reports

Moved by Director Lindstrom Seconded by Director Strimbold

SNRHD.2014-8-7

"That the verbal reports of the various Stuart-Nechako Regional Hospital District Board of Directors be received."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

#### **NEW BUSINESS**

Letter to Northern Health RE: Health Inspector in Vanderhoof

Moved by Director Benedict Seconded by Director Greenaway

SNRHD.2014-8-8

"That the Stuart-Nechako Regional Hospital District Board of Directors write a letter to Northern Health to express concerns in regard to Northern Health not replacing the Health Inspector in Vanderhoof."

(All/Directors/Majority)

CARRIED UNANIMOUSLY

<u>ADJOURNMENT</u>

Moved by Director Greenaway Seconded by Director Miller

SNRHD.2014-8-9

"That the meeting be adjourned 1:42 p.m."

(All/Directors/Majority)

**CARRIED UNANIMOUSLY** 



# MEDIA BULLETIN

For immediate release January 14, 2015

# Northern Health notifying patients about endoscope processing

Northern Health is notifying patients about an error discovered in the pre-cleaning process for flexible endoscopes at the University Hospital of Northern B.C. (UHNBC) between 2012 and December 2014.

Endoscopes used for colonoscopies, upper gastric scopes, and endoscopic retrograde cholangiopancreatogram (ERCP) exams at UHNBC were not being cleaned according to the manufacturer's instructions. Northern Health has identified that a pre-cleaning step may not have been fully completed in all cases. Since learning of this, Northern Health has immediately corrected the error.

While all other cleaning steps were completed properly, there is a small risk that not all viruses were removed during the cleaning process. The BC Centre for Disease Control (BCCDC) has advised that the risk of transmitting a viral infection is extremely low. Northern Health will be contacting patients who have had one of these procedures during the timeframe and their physicians to provide them with additional information.

It's important to emphasize that the BCCDC has advised that the risk of any transmission is extremely minimal and is not recommending any follow up treatment or actions for patients.

Northern Health has corrected the error and has provided additional education on the cleaning process for flexible endoscopes to health care professionals.

Northern Health apologizes to the patients for any anxiety resulting from this incident. Patients can be confident that their tests are being completed in an appropriate manner with cleaned and sterilized equipment.

The error did not impact the diagnostic outcome of the tests and other endoscope procedures at UHNBC were not affected.

Northern Health is committed to responding to the concerns of patients and their physicians. People with immediate concerns can contact 1-844-565-5516 or <a href="mailto:endoscopes.info@northernhealth.ca">endoscopes.info@northernhealth.ca</a>.

Media Contact: NH media line - 1-877-961-7724







# **BACKGROUNDER**

For immediate release January 14, 2014

# **Endoscope Reprocessing and Infection Control**

## What is an endoscope?

An endoscope is a long flexible tube used by specially-trained physicians to assist in the diagnosis and treatment of diseases of the gastrointestinal tract. Endoscopes are equipped with lighting and a camera that allows for the viewing of a patient's Gastrointestinal Illness system. Depending on the procedure, endoscopes are passed through either a patient's esophagus or colon.

## Endoscope cleaning and disinfection

In all areas of medicine and surgery, complex medical devices are reused. This practice is extremely safe, provided devices are properly reprocessed prior to each procedure. Reprocessing of flexible endoscopes includes pre-cleaning, manual cleaning then disinfection in accordance with guidelines published by the Canadian Association for Gastroenterology.

## Specific procedures identified

UHNBC performs a variety of endoscopic procedures. The procedures potentially affected by this circumstance were colonoscopy and therapeutic gastroscopy. Colonoscopy involves examination of the colon while gastroscopy is an examination of the small intestine, stomach and esophagus.

#### What was the concern?

Northern Health identified a process error in the pre-cleaning process UHNBC which led to the potential that a portion of the scope was not receiving high-level disinfection. This process error has been



corrected. The risk to patients is extremely low as the equipment did undergo further disinfection.

### How was this discovered?

A staff member at UHNBC discovered the work process error and notified the risk management department of Northern Health. This initiated a review of the cleaning practice and the department was immediately notified of the pre-cleaning step that needed to be reviewed.

## What did Northern Health do once this was raised?

- Immediately identified and informed staff and physicians of the process error.
- Liaising with the B.C. Centre for Disease Control to determine potential risk to patients. It was determined the risk to patients is extremely low.
- Additional education of manufacturer cleaning guidelines with staff and physicians.
- Implementing an auditing process for the cleaning process to ensure guidelines are followed.
- Disclosure to patients and the public about the process error and correction that has been implemented.

## Risk to patients

Risk of infection from this situation has been determined to be extremely remote. This takes into account reprocessing of scopes requires strict adherence to guidelines, and involves a significant manual process of pre-cleaning, cleaning and rinsing prior to disinfection.

# Why weren't patients notified sooner?

While this was first raised as a potential issue in December, Northern Health spent the month taking steps to confirm there was an issue and determining the actual risk to patients. When this risk was identified -





as being extremely low - Northern Health sought advice about notifying patients. Disclosure to patients could lead to increased patient anxiety and since no follow up actions or testing was being recommended for patients, Northern Health wanted to be certain this was the most appropriate action to take.



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# **NEWS RELEASE**

For Immediate Release January 5, 2014

### Vanderhoof benefits from northern B.C. physical therapy program

A graduate from the first Northern and Rural Cohort of University of British Columbia's physical therapy program is now working in Vanderhoof.

Kaley Hopps, who earned her Master's of Physical Therapy (MPT) degree in November, started her role with St. John Hospital and Stuart Nechako Manor in late 2014.

"The recruitment of Kaley Hopps is great news for Vanderhoof and area residents," said Nechako Lakes MLA John Rustad. "Physiotherapist positions have been difficult to recruit in many rural areas across the province, including the North. Kaley's arrival provides increased and more accessible services for our region's patients."

The Northern and Rural Cohort (NRC) was designed to encourage aspiring physiotherapists to consider working and living in northern and rural B.C. As part of their training, students in the NRC receive several weeks of instruction at the Physiotherapy Plinth Lab at the University of Northern British Columbia (UNBC) campus in Prince George, sharing lectures and practical labs with Vancouver-based students through video-conferencing. They also receive most of their clinical training in northern and rural communities across the province.

Kaley was one of 16 students in the first cohort. She grew up in Port Alberni on Vancouver Island and attended the University of Alaska in Anchorage, where she earned a Bachelor of Science in Physical Education. After working in various community-oriented roles, she decided, in 2012, to fulfill her long-time dream of becoming a physiotherapist.

Physiotherapists are health professionals who combine knowledge of how the body works with specialized hands-on clinical skills to restore, maintain and maximize a patient's strength, function and movement. They help people recover mobility after injury, surgery or stroke; enable elderly people to maintain their independence; and assist those with chronic conditions, such as cancer or multiple sclerosis, to improve fitness and quality of life.

"I had my mind set on working in a smaller community setting and have been really enjoying my time here so far. The support from my co-workers has been great," Kaley said. "My husband Jesse and I have met so many wonderful people and we've already started volunteering for various local organizations. It's a whole new area to explore for us, which was a big draw for me."

Kaley fills a position that has been vacant since 2008, when the previous physiotherapist left. A



private practice physiotherapist from Vanderhoof had been providing interim assistance at Stuart Nechako Manor.

Northern Health continues to work with partners, including UBC and UNBC, to find innovative approaches to recruiting and retaining physiotherapists in northern B.C. Within the Northern and Rural Cohort program is the Prince Rupert Inter-professional Student-led Model (PRISM) Clinic that allows physical therapy and occupational therapy students to offer rehabilitation services to patients with a large variety of injuries and chronic diseases, under the supervision of experienced professionals. Physiotherapy students also work at the Central Interior Native Health Society in downtown Prince George to provide better access to care for First Nations people.

"We're pleased to have a graduate of the Northern and Rural Cohort choosing to work for Northern Health," said Michael McMillan, Northern Health northern interior chief operating officer. "The partnership between Northern Health and post-secondary institutions shows creative, strategic approaches to recruit physiotherapists to northern B.C."

Funding for the program comes from the Province of British Columbia. UBC's Northern and Rural Cohort is delivered in partnership with UNBC.

"Kaley's new role in Vanderhoof is a good example of why the Northern and Rural Cohort was established," said Robin Roots, the coordinator of clinical education for the Northern and Rural Cohort. "Our main focus is to increase recruitment and retention of physiotherapists in northern and rural communities by providing students with more opportunities to experience clinical placements in these areas."

Students are selected for the Northern and Rural Cohort from among successful applicants to the two-year Master's of Physical Therapy Program, which is part of the UBC Faculty of Medicine. Selection is based on their grade point averages, interview scores and their rural background and suitability for rural practice. The first NRC was admitted in September 2012.

#### Media contact:

Northern Health Media line - 250 961 7724

Sonya Kruger, Communications Officer, Northern Medical Program, 250-960-5122





#### inquiries

From:

Dyck, Jonathon < Jonathon. Dyck@northernhealth.ca>

Sent:

December-12-14 9:12 AM

Subject:

News Release - Northern Health awards 36 IMAGINE: Legacy Grants (\$99,619.20) to

Northwest BC partners

Attachments:

20141212\_NR\_2014 IMAGINE Legacy Grant Awards Northwest.pdf

Good morning,

Please see the attached news release about Imagine: Legacy Grants for 2014.

Thanks,

Jonathon
For Immediate Release
December 12, 2014



# Northern Health awards 36 IMAGINE: Legacy Grants (\$99,619.20) to Northwest BC partners

Northern Health is pleased to announce that 36 community partners across Northwest BC have been awarded 2014 IMAGINE: Legacy Grants. With the 2015 Canada Winter Games fast approaching (February 13 to March 1, 2015), we are creating excitement across the north to help improve the health and well-being of those living, working, learning and playing in their respective communities.

"The upcoming 2015 Canada Winter Games will provide a chance to cheer on athletes as well as to be inspired to live more active and healthier lifestyles," said Health Minister Terry Lake. "The Legacy Grants reflect a commitment to supporting the long term health of British Columbians and will help communities build on the spirit of the games as they work to achieve the goal of healthy populations."

The 2014 IMAGINE: Legacy Grants are an opportunity to foster a sustainable legacy that funds regional community-based projects through partnerships across various programs and sectors in Northern Health. Together, Regional Blood Borne Pathogens, Cardiac & Cerebrovascular Services, Preventive Public Health, Population Health and Primary Care are supporting increased prevention and health promotion efforts across northern communities. This work is aligned with the strategic priorities of Northern Health and supports the overarching goal of healthier communities and healthier populations.

Some examples of the work that will get underway as a result of these grants, include: education about the risks and management of diabetes; more physical activity with traditional culture and natural history; increased physical activity to reduce health risks and unhealthy behaviour; seniors' falls prevention with increased physical activity; education of high-risk youth using a preventative approach to healthy lifestyles; growing, gathering and preserving traditional food from the wild; and promoting physical activity and healthy living through traditional dance.

"The 2015 Canada Winter Games are fostering an exciting opportunity to promote the importance of physical activity, not only in sport, but in health and well-being," says Kelsey Yarmish, Regional Manager, Population Health. "We know that health happens in the community so to combine the excitement of the Games with our IMAGINE grants is a really great opportunity for us. We want groups in northern communities to think about how they can leverage the Games, and all that they bring, to create sustainable projects around physical activity that will help make their community healthier."

Northern Health is excited to support the work of regional communities to promote safety, health and well-being through the IMAGINE Community Grants program.

More information on IMAGINE Grants can be found at www.northerhealth.ca, IMAGINE Grants and www.healbc.ca.

# la

A backgrounder listing the groups to which 2014 IMAGINE: Legacy Grants have been awarded in the Northwest is attached.

Media Contact:

NH Communications, Media Line: 250-961-7724

2014 IMAGINE: Legacy Grants have been awarded to groups in the following Northwest BC communities:

#### Dease Lake

- Dease Lake School Dease Lake Disc Golf Course (Population Health)
- Dze L K'ant Friendship Centre Society Healthy Mothers/Healthy Babies Community Kitchen (Population Health)

#### Hartley Bay

 Gitga'at First Nations - Gitga'at Mobile Diabetes Clinic (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Hazelton

- Hazelton Secondary School Gitxsan Dance and Clean Living Youth Program (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Majageleehl Gali Aks Elementary (recently known as: John Field Elementary School) Building School and Community Connections (Population Health)
- Majageleehl Gali Aks Elementary (recently known as: John Field Elementary School) 'Smoke Signals Drifting over the 7 Sisters Mountain Range' (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Starting Smart Pregnancy Outreach Program (United Church Health Services Society) Staring Smart Yoga (Population Health)

#### Houston

- Houston Hikers Society Morice-Klinger Trail Network (Population Health)
- Smithers Community Services Association Youth Fitness Initiative Training (Youth FIT) (Population Health)

#### Kitimat

Kick It Up Kitimat - Healthy and Active Kids (Population Health)

#### Masset

- George Mercer Dawson Secondary School Growing the Food Work Program at GMD (Cardiac & Cerebrovascular Services/HEAL for Your Heart and Population Health)
- Haida Gwaii Regional Recreation Commission (HGRRC) Society Listen and Learn: Ways of Knowing (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Old Massett

 OMVC Adult Day Program - Keeping the Tradition Alive (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Prince Rupert

- Conrad Elementary School Water Bottle Stations (Population Health)
- Friendship House Association of Prince Rupert HIV Prevention and Awareness through participation (Regional Blood Borne Pathogens/HIV Prevention)
- Jim Ciccone Civic Center (City of Prince Rupert) Aging Well (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Pacific Coast School Fit for Life (Population Health)
- Prince Rupert Friendship House Association Basic needs for healthy choices (Cardiac & Cerebrovascular Services/HEAL for Your Heart and Population Health)
- Prince Rupert Middle School Activities for Better Learning (Population Health)
- Prince Rupert RCMP If you're gonna play ... protect the Brain (Population Health)
- Roosevelt Park Elementary School Dance to Fitness (Population Health)
- The Salvation Army Healthy Alternatives for Daily Living (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- The Salvation Army Prevention, Awareness and Support for Cardiovascular Disease (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Queen Charlotte

Village of Queen Charlotte - Bike Safety and Repair Program (Population Health)

#### Sandspit



 Agnes L. Mathers School - Outdoor Education and Local Food Gathering (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Skidegate

- Ngystle Society Youth Mentorship Program (Population Health)
- Sk'aadgaa Naay Elementary School Sk'aadgaa Naay Composting and Preserving for Healthy Kids Year Round (Population Health)

#### **Smithers**

- Bulkley Valley Cross Country Ski Club (Biathlon Program) Biathlon Mat Replacement (Population Health)
- Bulkley Valley Learning Centre Strategies for Stress (Population Health)
- Kyah Wiget Education Society Get Fit Club! (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Kyah Wiget Education Society Road to Good Health (Population Health)
- Smithers Secondary School My Wellness Toolbox (Population Health)

#### Telkwa

Treehouse Housing Association - Get Outside Families (Population Health)

#### Terrace

- Kermode Friendship Society Kermode Friends Garden (Population Health)
- Ksan House Society Seniors' mid-week stretch (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Terrace Child Development Centre Toddler Dance Party (Population Health)

Jonathon Dyck, BA, MA Lead, Public Affairs and Media Relations Communications Northern Health 600-299 Victoria St., Prince George, BC V2L 5B8

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# the northern way of caring

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#### inquiries

From:

Dyck, Jonathon < Jonathon. Dyck@northernhealth.ca>

Sent:

December-12-14 9:08 AM

Subject:

News Release - Northern Health awards 42 IMAGINE: Legacy Grants (\$149,190.90) to

Northern Interior BC partners

Attachments:

20141212\_NR\_2014 IMAGINE Legacy Grant Awards Northern Interior.pdf

Good morning,

Please see the attached news release about Imagine: Legacy Grants for 2014.

Thanks,

Jonathon

For Immediate Release

December 2014

# Northern Health awards 42 IMAGINE: Legacy Grants (\$149,190.90) to Northern Interior BC partners

Northern Health is pleased to announce that 42 community partners across Northern Interior BC have been awarded 2014 IMAGINE: Legacy Grants. With the 2015 Canada Winter Games fast approaching (February 13 to March 1, 2015), we are creating excitement across the north to help improve the health and well-being of those living, working, learning and playing in their respective communities.

"The upcoming 2015 Canada Winter Games will provide a chance to cheer on athletes as well as to be inspired to live more active and healthier lifestyles," said Health Minister Terry Lake. "The Legacy Grants reflect a commitment to supporting the long term health of British Columbians and will help communities build on the spirit of the games as they work to achieve the goal of healthy populations."

The 2014 IMAGINE: Legacy Grants are an opportunity to foster a sustainable legacy that funds regional community-based projects through partnerships across various programs and sectors in Northern Health. Together, Regional Blood Borne Pathogens, Cardiac & Cerebrovascular Services, Preventive Public Health, Population Health and Primary Care are supporting increased prevention and health promotion efforts across northern communities. This work is aligned with the strategic priorities of Northern Health and supports the overarching goal of healthier communities and healthier populations.

Some examples of the work that will get underway as a result of these grants, include: promotion of healthy lifestyles; mentoring youth using a train-the-trainer model to raise awareness of risk factors; community kitchens; community gardens; promoting physical activity and healthy living to low-income individuals and families; encouraging physical activity through local food harvesting; and building culture through education.

"The 2015 Canada Winter Games are fostering an exciting opportunity to promote the importance of physical activity, not only in sport, but in health and well-being," says Kelsey Yarmish, Regional Manager, Population Health. "We know that health happens in the community so to combine the excitement of the Games with our IMAGINE grants is a really great opportunity for us. We want groups in northern communities to think about how they can leverage the Games, and all that they bring, to create sustainable projects around physical activity that will help make their community healthier."

Northern Health is excited to support the work of regional communities to promote safety, health and well-being through the IMAGINE Community Grants program.

More information on IMAGINE Grants can be found at www.northerhealth.ca, IMAGINE Grants and www.healbc.ca.



A backgrounder listing the groups to which 2014 IMAGINE: Legacy Grants have been awarded in the Northern Interior is attached.

Media Contact:

NH Communications

Media Line: 250-961-7724



2014 IMAGINE: Legacy Grants have been awarded to groups in the following Northern Interior BC communities:

#### **Burns Lake**

- Southside Health & Wellness Center Community Gardening and Greenhouse Group (Population Health)
- Wet'suwet'en First Nation Wet'suwet'en Healthy Community Program (Regional Blood Borne Pathogens/HIV Prevention)

#### Fort Fraser

Nadleh Whut'en - Push, Pull or Drag an Elder (Population Health)

#### Fort St. James

• Fort St. James Peer Support Group - Wellness Community Garden (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Fraser Lake

• Village of Fraser Lake - X-Country Ski for Health & Wellness (Population Health)

#### Granisle

• Village of Granisle - Healthy Granisle (Population Health)

#### Kwadacha

• Kwadacha Nation - Kwadacha Health and Wellness Group (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### McBride

- Robson Valley Community Learning Project The Open Gate Garden [Phase 3] (Population Health)
- Village of McBride Play It Safe (Population Health)

#### McLeod Lake

 McLeod Lake Indian Band - Harm Reduction through Cultural Revitalization (Preventive Public Health/Harm Reduction and Population Health)

#### Prince George

- BC Wheelchair Basketball Society Wheelchair Basketball Integrated Schools Program (Population Health)
- Aboriginal Business & Community Development Centre Healthy Eating on a Budget / Staying Fit on a Budget (Regional Blood Borne Pathogens/HIV Prevention)
- Canadian Diabetes Association "Walk and Talk" An Activity Based Program for Diabetes Self-Management and Prevention (Population Health)
- Central Interior Native Health Society Pediatric Clinic/Head Injury Prevention (Population Health)
- Centre for Learning Alternatives Teen Moms program Teen Moms Moving and Learning for Life (Population Health)
- Edgewood School Walk in the Winter Days (Population Health)
- Foothills Elementary School PAC Foothills Playground Project (Population Health)
- Hart Highlands Elementary School PAC Outdoor Classroom Legacy Project [School Garden] (Population Health)
- Kids Helping Kids (KHK) Steering Committee Sustaining Kids Helping Kids (KHK) (Population Health)
- Pineview Youth Baseball organized by Pineview Recreation Commission Pineview Youth Baseball (Population Health)
- Prince George Cycling Club CAN-BIKE Instructor Training (Population Health)
- Prince George Native Friendship Centre George Chuvalo Community Presentation PGNFC Health Fair (Regional Blood Borne Pathogens/HIV Prevention)
- Provincial Health Services Authority (PHSA) BC Cancer Agency Prevention Programs Women's Wellness Day (Population Health)
- Spruceland Traditional Elementary School Bike Team 2015 (Population Health)
- Tabor Mountain Recreation Society Motivating a Community (Population Health)
- The Child Development Centre of Prince George and District Association The Adapted Swimming Program (Population Health)
- The College of New Caledonia Dream Hunters Walk/Run Group (Population Health)



- University of Northern British Columbia (Health Sciences) Mobilizing Youth to Make a Difference HIV Awareness and Education Conference (Regional Blood Borne Pathogens/HIV Prevention and Preventive Public Health/Harm Reduction)
- Van Bien Elementary School Ice Blazers (Population Health)
- YMCA of Northern BC Clara Hughes Imagine You Can (Population Health)

#### Quesnel

- Bouchie Lake & Parkland Recreation Commissions Winter Daze Garden Project Phase One (Population Health)
- Cariboo Ski Touring Club Youth Nordic Ski Camp (Population Health)
- City of Quesnel Seniors' Health Screening (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Kids Kare Center Snowshoe Away the Winter Blues (Population Health)
- Parent Child Resources Team Quesnel Accessible Playground (Population Health)
- Quesnel Complete Health Improvement Program Complete Health Improvement Program (Cardiac & Cerebrovascular Services/HEAL for Your Heart)
- Quesnel & District Child Development Centre & Quesnel Baby Friendly Initiative Building Breastfeeding Capacity & Support in Quesnel (Population Health)

#### Tsay Keh

• Tsay Keh Dene - Fit and Well After Care (Population Health)

#### **Valemount**

Canoe Valley Community Association - Active Living Kids (Population Health)



#### Vanderhoof

- District of Vanderhoof Vanderhoof Seniors' Fitness Project (Population Health)
- Nechako Valley Historical Society Men's Shed Facilities Project (Cardiac & Cerebrovascular Services/HEAL for Your Heart)

#### Wells

• Wells and Area Trails Society - The Wells Meadow Trail Rescue Project (Population Health)

Jonathon Dyck, BA, MA Lead, Public Affairs and Media Relations Communications Northern Health 600-299 Victoria St., Prince George, BC V2L 5B8

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## the northern way of caring

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